

**R A D I A L + Osbert Lancaster**  
**A Wholehearted Approach to Change**  
5 Week Workshop Programme



*About the Programme*

RADIAL's core aim is to collectively inspire action towards a zero waste society through the exploration, practice and sharing of ideas that are rooted in the circular economy and resource efficiency. We are keen to provide students with an opportunity to explore values based learning – what that means and how it can practically be applied – with the hope that it will result in deeper engagement around these issues.

This bespoke learning programme will enable volunteers to develop a wider and deeper range of skills that they can apply, not only to their involvement with the RADIAL project, but also in other areas of their life and work, now and in the future.

The course will run every **Wednesday (5.30–7.30)** between **24<sup>th</sup> February and 23<sup>rd</sup> March** in **Reid Principal Seminar Room 1**.

*About Osbert*

Osbert works with people who recognise that new approaches, rooted in a sense of creative connection with others and the rest of nature, are essential for all to flourish. His training and advice supports people, groups and organisations to be more effective at promoting, supporting and bringing about change for good.

He draws on 20 years of working with inspiring thinkers and innovators in government agencies, community groups, businesses, universities and NGOs.

Find out more [here](#).

*Session Breakdown*

- **24<sup>th</sup> Feb:** How values work and why they are essential for pro-social and pro-environmental change.

- **2<sup>nd</sup> Mar:** Using values in practice: choosing the values the RADIAL project (or individual projects) should promote; designing communications and activities to engage the chosen values.
- **9<sup>th</sup> Mar:** Understanding change: how we can shift cultures and structures; why people might change what they do and how they do it.
- **16<sup>th</sup> Mar:** Planning change: identify the factors that will influence the success of your project, and the potential allies who could help you. How to turn potential allies into actual supporters.
- **23<sup>rd</sup> Mar:** Looking after yourself, supporting each other. Change is hard work: learn how to provide practical and emotional support to your colleagues and how to remain resilient in the face of difficulties.

### *How to Apply*

Please apply for a place here: [www.bit.ly/1RltjtP](http://www.bit.ly/1RltjtP)

As the course has limited capacity (25 spaces) we ask participants to endeavour to commit to all sessions.

We require participants to be **registered as volunteers** with the project. Don't worry if you haven't done anything with us before, we hope meeting you at the course will change that! You can register to become one [here](#). Also, a gentle reminder that by registering as a volunteer you are not signing your life away! All we expect is for the learning from the course to be passed on in some shape or form.

### *Refreshments*

We want the space to be open and comfortable. Please bring anything you want to eat – snacks, cakes, or fruit. We will provide tea and coffee. After each session we will head to the Vic for an informal drink to debrief and continue on the conversation.